



Alms Giving in the Early Hours

Code: INS-CM09

Duration: Half day

Overview:

Today we will prepare a local Khmer meal to offer this to the monks. Buddhist monks live away from their families and are not allowed to have normal jobs. They depend on the faith and charity of the local people. At 07.30am a chef from a local village takes us for grocery shopping at a food market, where you will decide on the menu of the day. After we have learnt the secrets of Khmer cooking, the chef and his wife show us how to pack the meal and some rice into a banana leaf. A short walk takes us to the pagoda where the monks live so you can hand them the gift and receive their blessing, along with answers to your questions regarding Cambodian culture and Buddhism.

Inclusions:

- Private transfer during trip
- Experienced English-speaking guide
- Lunch
- Entrance fees for all visits as mentioned in the itinerary
- Cooking fee and bike
- Water or soft drink/person/day

Exclusions:

- International and Domestic airfare and airport departure taxes
- Visa (visa is compulsory and must be arranged in advance)
- Meals if not specified in the itinerary
- Travel insurance (we highly recommend that you purchase adequate insurance)
- Gratuities for guides and drivers
- Personal expenses such as laundry, telephone, drinks etc.
- All other services which are not specified in the itinerary