



## **A FORTUNE TELLER TOLD ME...**

### **MEDITATION, TRADITIONAL MEDICINE AND GOOD LUCK!**

**Tour Code: INS-MN28**

**Duration: Full day**

Religion has always been very important for the Burmese and apart from paying respect to Buddha there are many different ways to try to give your body and soul a bit more "peace of mind", to build up karma or to gain some direction on what to do or what to avoid in life. During this full day tour the principles of meditation are explained to you at one of the famous meditation centres. A foot massage is given in a school for blind people before a traditional lunch. You will get some deeper insight in the Burmese traditional medicine at a local medicine shop and find out the secret of the beautiful Burmese skin. End the day with a visit to a fortune-teller who will read your palm. Oh ... and today's lunch is vegetarian!

The rest of the day the car and guide are available for additional visits until 6 pm if desired.

#### **Inclusions:**

- Private transfer during trip
- English speaking guide
- Lunch
- Foot massage and fortune teller visit
- Water, snowtowels
- Entrance fee where mentioned

#### **Exclusions:**

- International and Domestic airfares and airport departure taxes
- Visa (visa is compulsory and must be arranged in advance)
- Any tips
- Meals if not specified in the itinerary
- Travel insurance (we highly recommend that you purchase adequate insurance)
- Personal expenses such as laundry, telephone, drinks etc.
- All other services which are not specified in the itinerary